## SMS Terms and Conditions for North Suburban Chiropractic and Acupuncture

Effective Date: 2-21-25

By opting in to receive SMS messages from North Suburban Chiropractic and Acupuncture ("we," "us," "our"), you agree to the following terms and conditions:

- **1. Consent to Receive SMS Messages** By providing your mobile phone number and opting in, you consent to receive automated text messages from North Suburban Chiropractic and Acupuncture for appointment reminders, health tips, promotions, and other relevant updates. Message and data rates may apply.
- **2. Frequency of Messages** You may receive recurring text messages. The frequency of these messages may vary, depending on the nature of your appointments or other relevant communications.
- **3. Opting Out** You may opt out of receiving SMS messages at any time by contacting the office directly and asking to be removed. After you opt out, you will no longer receive SMS messages unless you opt back in.
- **4. For Assistance** For help or additional information regarding your SMS messages, by contacting the office directly at 303-427-2225 or email northsuburbancal@gmail.com.
- **5.** No Purchase Requirement Consent to receive SMS messages is not a condition of purchase, treatment, or service.
- **6. Data Usage and Charges** Message and data rates may apply depending on your mobile plan. You are responsible for any fees incurred through your mobile carrier.
- **7. Privacy** We will not share or sell your personal information to third parties without your consent, except as required by law. For more information on how we protect your privacy, please refer to our Privacy Policy below.
- **8.** Changes to Terms We may update these SMS Terms and Conditions at any time. You will be notified of any significant changes via SMS, and your continued receipt of SMS messages after such changes constitutes your acceptance of the updated terms.